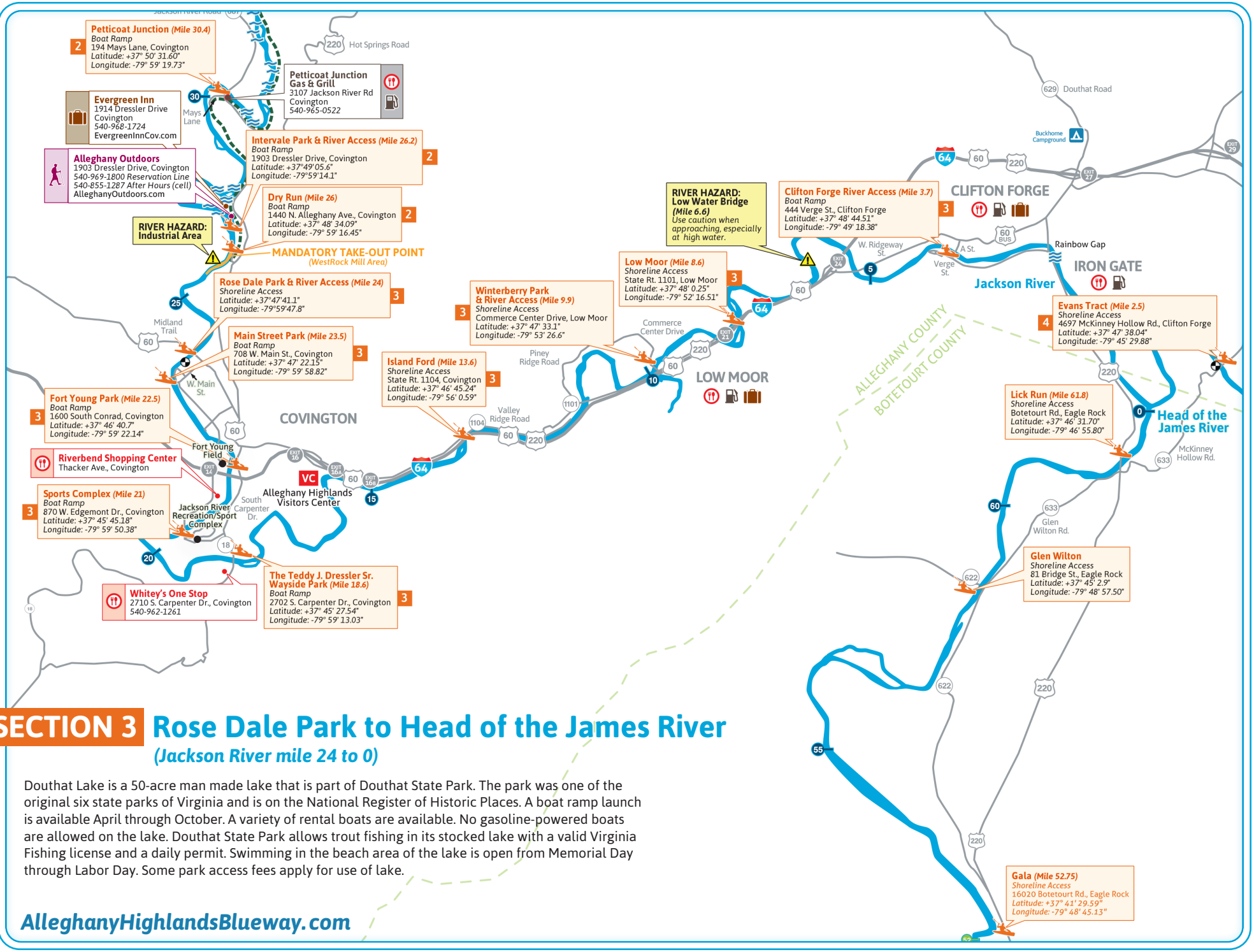

SECTION 3 Rose Dale Park to Head of the James River

(Jackson River mile 24 to 0)

Douthat Lake is a 50-acre man made lake that is part of Douthat State Park. The park was one of the original six state parks of Virginia and is on the National Register of Historic Places. A boat ramp launch is available April through October. A variety of rental boats are available. No gasoline-powered boats are allowed on the lake. Douthat State Park allows trout fishing in its stocked lake with a valid Virginia Fishing license and a daily permit. Swimming in the beach area of the lake is open from Memorial Day through Labor Day. Some park access fees apply for use of lake.

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